

FRUIT + VEG LISTS

The lists below are types of fruits and vegetables that we have used with The Chicken Spinner and Chicken Slider for our backyard flock.

What can you skewer on the Chicken Spinner?

| | |
|--|----------------------------|
| Cabbage | Pears |
| Cucumbers (cut in half) | Pomegranates (cut in half) |
| Eggplant | Pumpkins (cut in half) |
| Head Lettuce (romaine, iceberg, etc.) | Brussel Sprouts |
| Melon: Watermelon, Cantaloupe, Honeydew (cut in half) | Squash |
| Peaches (remove the pit) | Sweet potatoes |
| Apples | Tomatoes (fully ripe only) |
| Plums (remove the pit) | Bread |
| | Vegetarian Pizza (slice) |

What can you hang from the Chicken Slider?

| | |
|----------------------------|--------------------|
| Corn on the cob | Marigolds, pansies |
| Beets and beet greens | Nasturtium |
| Leafy lettuces | Red clover |
| Broccoli and broccoli raab | Spinach |
| Kale | Fresh herbs |
| Collard greens | |

This is not intended to be a completely inclusive or exclusive list but gives a good idea on what we know works in our trials and for our customers.



www.TheChickenSpinner.com
thechickenspinner@gmail.com

